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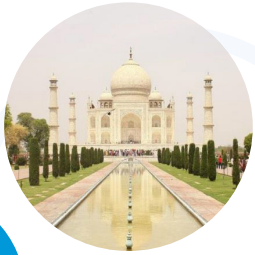
HAVE YOU RECENTLY BEEN DIAGNOSED WITH DIABETES?

Diabetic eye screening is an important part of your diabetes care

Our aim is to detect and monitor diabetic retinopathy before this affects sight. Screening can detect this condition early before you notice any changes to your vision.

Once your GP has confirmed a diagnosis of diabetes your details are sent to the North West London Diabetic Eye Screening Programme.

You will be sent an eye screening appointment via letter, however if this is not a convenient venue, date or time, please use the online portal at **https://portal.nwldesp.co.uk** or call the Patient Engagement Centre on **020 8099 1122**.



Which sight would you prefer?

Find us online at: **www.nwldesp.co.uk**

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At the appointment

Diabetic eye screening is different from a regular eye test, which checks for other problems, and you should still regularly visit your optician.

Your diabetic eye screening appointment will last around 30-45 minutes.

1. You will be asked to read some letters on a vision chart.
2. Eye drops will be put in your eyes to make your pupils larger. These may sting briefly and make your sight blurry so please **do not drive** until it goes back to normal.
3. After approx. 20 mins waiting time, you'll be asked to come back into the screening room and look into a camera.
4. You will have photos taken of each eye and both times there will be a flash of light. Your eye won't be touched by the camera and you shouldn't experience any pain.
5. You can go home when the test is finished. You will not get your test results on the day. The results will be sent to you via the patient portal at **https://portal.nwldesp.co.uk**, or posted to your home address.

More information about diabetic eye screening

GOV.UK:
Your guide to diabetic eye screening

GOV.UK:
Diabetic eye screening – easy read

DIABETES UK:
Diabetic eye screening

If you have any questions regarding your upcoming screening appointment, please call the local engagement team on
020 3813 6361

If you have a disability or require reasonable adjustments to help you access your appointment more easily, please advise us prior to your appointment by calling
020 8099 1122